It was a pastime of the rich, introduced by Anna, the Seventh Duchess of Bedford in 1840 to stop her getting hungry between lunch and dinner and there was no chance any guests of Voisin Law were going home peckish yesterday.

They were invited to an authentic Victorian high tea and talk on Victorian Tea Etiquette from Sam Bilton, the well-known British food historian and blogger who loves creating dishes inspired by historical recipes.

Tasty sandwiches and delicious cakes were served with tea in the Drawing Room of the Merchant's House at Number 9, Pier Road at the event organised by, Jersey Heritage and sponsored by Voisin Law and Nedbank Private Wealth.

The dress code was smart casual as opposed to Victorian times when upper-class and society women would have worn long gowns, gloves and hats for such a tea which would have been the perfect opportunity for socialising, event planning and a good old gossip.

Head of Marketing at Voisin Law, Georgina Jeffries said: "Our ongoing relationship with Jersey Heritage affords us so many wonderful experiences and opportunities. Treating our clients to a special tea and a fascinating talk from Sam was certainly a different way to spend a Tuesday afternoon! It was really interesting to find out a bit more about this quintessentially British tradition."